

Opportunities for Almsgiving

Each weekend during Lent parishioners will be invited to bring in the following items for the organizations listed to a designated room TBA.

First Sunday of Lent – Feb. 20/21

For Our Troops in Iraq

Men's underwear (all sizes), Women's bras and sports bras, rubber slippers (various sizes) and sweat pants (all sizes). They will be shipped to one of our bases in Iraq.

Second Sunday of Lent – Feb. 27/28

Fr. English Food Pantry

Canned meats and fish, canned vegetables and fruits, canned juices, peanut butter, pasta, non-sugar cereals, baby food.

Third Sunday of Lent – March 6/7

Preakness Health Care

Toiletry items (i.e. body lotion, shower gel/body wash, shampoo, conditioner, hair brushes, toothpaste, mouthwash, powder, deodorant, hand sanitizers).

Fourth Sunday of Lent – March 13/14

Atrium of Wayne

Toiletry items (i.e. powder, shampoos, lotions, toothbrushes, toothpaste, denture cleaners) tissues, socks

Fifth Sunday of Lent – March 20/21

Fr. English Food Pantry

Canned meats and fish, canned vegetables and fruits, canned juices, peanut butter, pasta, non-sugar cereals, baby food.

Our Lady of the Valley *Lent - Easter 2010*

Lenten Regulations for Fast and Abstinence

Abstinence from meat is to be observed by all Catholics 14 years old and older on Ash Wednesday and on all the Fridays of Lent.

Fasting is to be observed on Ash Wednesday and Good Friday by all Catholics who are 18 years of age but not yet 59. Those who are bound by this may fast on one full meal. Two smaller meals are permitted if necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted.

ASH WEDNESDAY—February 17th

Ashes will be distributed at the following Masses.

7:30AM 12Noon 4:00PM 7:30PM

WELCOME HOME TO HEALING

You are invited to celebrate the gift of forgiveness in the Sacrament of Reconciliation (Confession).

Throughout the Diocese of Paterson (Morris, Passaic and Sussex Counties), every Church will make available the opportunity for Confession.

Every Monday

Starting Feb. 22nd to Mar. 22nd

7:00PM - 8:30PM

If you have been reluctant to come to the Sacrament, have been away for some time or just found it difficult to get to a Saturday afternoon confession time, this is a wonderful opportunity to re-connect with Christ and His Church. Don't be afraid! Ask the priest to help you. Experience the gracious mercy of God!

For more information, visit www.WelcomeHomeToHealing.org

LENTEN PROGRAMS

Monday Evenings

Lenten Prayer and book discussion. Monday Evenings—7:30PM
in the Parish Center

February 22, March 1, 8, 15, 22

Prayerfulness

Awakening to the Fullness of Life
by
Robert Wicks

To register or for further information contact Sister Dorothy at 973-694-4585 Ext 7245 OR email—srdorothy@olvwayne.org.

Thursday Evenings

Fr. Jim Moss will lead these sessions in the Parish Center from 7-8PM. All 6 films are from other eras, but they may have a message for us today.

February 18th	"Amadeus"
February 25th	"The English Patient"
March 4th	"Mountains of the Moon"
March 11th	"Howard's End"
March 18th	"The Remains of the Day"
March 25th	"Tea with Mussolini"

Friday Evenings

February 19th—7PM	Stations of the Cross
February 26th—7PM	Stations of the Cross
March 5th—7PM	Stations of the Cross
March 12th—7PM	Stations of the Cross
March 19th—7PM	Feast of St. Joseph Mass
March 26th—7PM	Stations of the Cross

HOLY WEEK SCHEDULE

Sunday, Mar.28 **Passion (Palm) Sunday**
Regular Mass

Wednesday, Mar.31- Living Stations of the Cross
7:00PM presented by Youth Ministry

Thursday, Apr.1 **Holy Thursday**
Solemn Mass of the Lord's Supper
at 8PM
Adoration of the Blessed Sacrament
starting after Mass until 12Midnight

Friday, Apr. 2 **Good Friday**
Retreat with Liturgy of the Hours
9:30AM-11:30AM followed by lunch
Veneration of the Cross—3PM & 8PM

Saturday, Apr.3 **Holy Saturday**
Blessing of Food—11AM
Easter Vigil—8PM (Easter Mass)
(NO 5PM Mass)

Sunday, Apr. 4 **Easter Sunday**
Masses at 8AM, 10AM, 12Noon